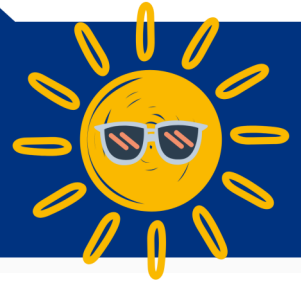




The Exchange

Neighbors Helping Neighbors

Summer 2025



Amy Van Orden
Executive Director

Dear Partners In Care Maryland, Inc. Community,

At Partners In Care Maryland, Inc., we've always believed in the power of Neighbors Helping Neighbors. I often think back to a time when communities were tightly knit, when people looked out for one another simply because it was the right thing to do. There's something beautiful about that kind of connection — and I believe it's something we can bring back.

This organization was born out of necessity. Years ago, Older Adults in our community had no way to get to their doctor's appointments, no access to engagement, and no safe way to stay connected. Partners In Care Maryland, Inc. stepped in to fill that gap. And while we've made incredible progress here in Maryland, I can't ignore the fact that our neighbors across the country are facing the same challenges.

That's why I have a bold vision: to take the Partners In Care Maryland, Inc.'s Time Banking/ Service Exchange model nationwide.

Just imagine — a country where Older Adults from coast to coast are supported by caring volunteers, where a son or daughter can give back by helping their own parent, or someone else's, receive a ride to a medical appointment or get assistance with repairs that keep them safe at home. These services are not just for today — they're generational. When we give our time and care now, we're building the same support system our own families may one day rely on.

Let's get back to what made our communities strong. Let's rebuild the Community. Let's grow Partners In Care beyond Maryland, and reconnect America through kindness, service, and neighborly care.

We have the model. We have the heart. Now, we take the next step — together!

Amy Van Orden
Executive Director, PIC

PIC Ride Partners Factoids!



Plan Ahead! PIC members can schedule one ride per week with at least 7 calendar days notice. Need a Monday ride? Call the Monday before!



Ride Matching Magic! Our team works hard to match your ride requests, but availability depends on volunteer drivers. We'll give you a heads-up at least 24 hours in advance if we can't secure a ride. Always have a Plan B!



Tolls & Parking? That's on You! Members are responsible for any parking or toll fees during their ride.



Two-Stop Rule! Need to run errands? You can request up to two stops per ride. More stops? Consider spreading them out over multiple weeks!



**VOLUNTEERS
NEEDED**

BY JOINING OUR CARING COMMUNITY NOT ONLY ARE YOU IMPACTING THE LIFE OF AN OLDER ADULT TODAY, YOU ARE BANKING TIME FOR WHEN YOU ARE 60+ AND NEED SERVICES.

VISIT: [PARTNERSINCARE.ORG/VOLUNTEER](https://partnersincare.org/volunteer)



PartnersInCareHQ



PartnersInCare.org



PICMARYLAND



GenerationPICMD



PICMARYLAND

Partners In Care Maryland, Inc.

PIC Mobility, Moving Older Adults in the Right Direction

For over 31 years, PIC has helped older adults stay in their homes and connected to their community, with transportation as one of its signature services. Partners In Care's Mobility Bus is moving Older Adults in the right direction, operating a fleet of five lift-equipped Mobility buses and a minivan, providing door-to-door service for individuals, couples, and groups in Anne Arundel County. The Mobility Bus is a safe, flexible, and affordable option that accommodates wheelchairs, power chairs, and other mobility devices. It's available on-demand, seven days a week (excluding major holidays), and you don't need to be a PIC member to ride.



Several years ago, Anne Arundel County's Department of Aging and Disabilities partnered with PIC to offer group trips for senior centers. Popular destinations include restaurants, museums, shopping centers, and Amish markets. Riders frequently praise the clean, comfortable buses and professional, friendly drivers. One rider shared, "I don't worry about directions because I know the driver has everything under control. I sit back, laugh, and talk with my friends."

PIC provides the same high-quality service to all older adults aged 50+ in Anne Arundel County. PIC members enjoy waived application fees, while non-members pay a one-time \$25 fee. Rates are \$35 per hour for trips up to 20 miles.

For more information, call 410-544-4800, Ext. 802, or visit www.partnersincare.org.

Make Friends, Give Back, and Stay Engaged Through Volunteering!



When planning for retirement, many of us focus on financial security. But have you thought about how you'll spend your free time? Will you take up a hobby, travel, or spend time with family? Why not make a plan to meet new friends and give back to your community by volunteering?

At Partners In Care Maryland, Inc., we offer a variety of opportunities where you can stay engaged, make meaningful connections, and form lasting friendships—all while making a difference! Here are just a few ways you can get involved:

Join our Ride Partners Program and provide transportation to Older Adults.

Join our Repairs With Care Team and lend a hand with small "Honey-Do" tasks around the house.

Share a smile with just a call! Become a Phone Buddy to brighten someone's day.

Volunteer in our vibrant Upscale Resale Boutique, where you can meet new people that supports our Mission.

Looking to learn something new? When you become a Volunteer with Partners In Care, you can attend one of our FREE workshops:

- Power Up! (Smoothie-Making Classes)
- Wills & Estates Planning
- Data Care for Digital Safety
- Healthy, Hearty, And Easy (Crockpot Cooking Classes)
- ...and much more! If you have a passion for a specific topic, we'll help find an expert to teach it!



Have you thought about how you'll get to appointments or run errands when you're older? Through our Time Banking system, the hours you volunteer today can be used for services you might need in the future, like transportation or vital errands.

Ready to start? Visit PartnersInCare.org/Volunteer to explore volunteer opportunities and Make A Difference today!

www.PartnersInCare.org

Partners In Care Maryland, Inc.

Join Us in Building Community and Connection!

Are you a Partners In Care Maryland, Inc. (PIC) Member (60+), or do you know someone looking to meet new people, share creative talents, and build meaningful connections? We have the perfect opportunity for you!

We are creating a New Warm House in the Glen Burnie area!

What is a Warm House?

Warm Houses are monthly gatherings designed to bring PIC Members (60+) together, fostering a sense of community and support. Created by PIC to combat social isolation, these gatherings offer a welcoming space to form new friendships, participate in fun activities, and engage in educational discussions on topics that matter to you.

Why Join?

- Build lasting connections with neighbors in your community
- Share your hobbies and talents with others
- Help plan activities and events that interest you
- Learn new things through educational sessions tailored to your group's interests

If you are a Member who lives in Glen Burnie, Brooklyn, or Linthicum, we would love for you to join us! Come be part of a community where your voice matters and your presence makes a difference.

Interested?

For more information or if you have any questions, please reach out to the Member Care staff by emailing contactus@partnersincare.org or calling 410-544-4800.

We look forward to seeing you at our next Warm House gathering!

Did You Know?

About 4% of Medicare beneficiaries over 65—around 1.6 million people—are considered home-bound, which can lead to isolation, depression, and a lower quality of life. At Partners In Care Maryland, Inc. we work to change that by fostering connections and providing services that help older adults stay independent.

Our Online Grocery Shopping Program is a great example. More than just a convenience, it offers friendship, laughter, and peace of mind. Coordinator Jan Patel helps Members order groceries online, schedule deliveries, and enjoy meaningful conversations along the way.

"Some Members haven't been inside a grocery store in years! Helping them meet their needs, save money, and try something new has been so rewarding," Jan says.

Through programs like this, we reduce food insecurity and remind Members they are never alone. At Partners In Care, we're Neighbors Helping Neighbors—together.

Elves for Elders Warms Hearts on the Mid Shore



December 2024 marked an exciting and heartwarming milestone for the Mid Shore office of Partners In Care Maryland, Inc., as we launched the Elves for Elders Program in Talbot and Caroline Counties. Through our Elves For Elders Program our actively engaged Members experienced the joy of the season with heartfelt holiday gifts-reminder that they are valued, cherished, and part of our caring PIC Community.

This year's success was made possible by the generosity of local businesses in Talbot County, including People's Bank, the Mid Shore Board of Realtors, Merry Maids, and Home Instead, as well as H & M Bay, Inc. in Federalsburg and the Caroline County Chamber of Commerce. Our deepest gratitude goes to Paula Preston and Melanie Ball-Pearson, two extraordinary volunteers whose dedication shepherded this project to fruition.

Site Director Kathleen Dormody shared, *"We are overwhelmed by the outpouring of generosity from our Caroline and Talbot County communities. These communities went above and beyond, choosing and wrapping gifts for our members, shows the true spirit of the Eastern Shore. It's humbling to see our partnerships grow and strengthen as more supporters recognize the value we bring to our Older Adult Members."*

Member Beth expressed her gratitude: *"Thank you so much for the [stocking]. It was gratefully appreciated. And thanks to you and your staff, and all the Volunteers who are such a great help to me all during the year."*

Together, we brought were able to bring a brighter holiday season to so many. Thank you for making it possible!



Thank You To Our Sponsors!



TO MAKE A DIFFERENCE in the life of an Older Adult,

GIVE a tax-deductible donation to Allow an Older Adult to Age-In-Place with **DIGNITY** and **RESPECT!**

You Made a Difference!



Please detach this portion to send in along with check or credit card information.

☐ My check is enclosed, payable to:
Partners In Care Maryland, Inc. 8151-C Ritchie Highway, Pasadena, MD 21122

☐ Please charge the following credit card:

Card Number: _____ Exp: _____ CVV: _____

Signature: _____ Date: _____

I am giving in honor of/ in memory of: _____

Please send a acknowledgement card to the following name and address:

